NNOC Students Take Part in ACT Training To Save Lives

Participants of the Kids Save Lives training. NNOC had several students and staff take part in this important event on June 3, 2016.

More than 330 high school students in northern Manitoba have the cardiopulmonary resuscitation (CPR) skills and defibrillator knowledge to save lives, thanks to training sponsored by lead community partner Vale.

The Advanced Coronary Treatment (ACT) Foundation is a national charity that offers free CPR and defibrillator training programs in high schools across Canada. Vale agreed to donate automated external defibrillator training units and mannequins required to implement the program in R.D. Parker Collegiate in Thompson, Nisichawayasihk Neyo Ohtinwak Collegiate in Nelson House and Mel Johnson School in Wabowden.

Secondary school teachers were trained in CPR procedure and how to properly use a defibrillator. In turn, they taught these essential skills to all grade nine students at the three high schools, creating more than 300 potential heroes. The program will be taught every year to grade nine students as part of the curriculum.

"We thought this program was a great fit," says Mark Scott, vice president of Manitoba Operations, Vale. "Every day we use controls and tools to achieve our goal of zero harm. But if something occurs, we rely on our training. In the same way, the ACT Foundation provides the tools and training necessary to manage risk and save lives, which is why we're proud to support this vital initiative."

As well as learning how to use a defibrillator and employ CPR, students learn what is called the four Rs of CPR: RISK factors for cardiovascular disease and the importance of a heart healthy lifestyle; how to RECOGNIZE a developing medical emergency; how to REACT by calling 911 and helping until the ambulance arrives; and how to RESUSCITATE with CPR.

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About 40,000 Canadians experience cardiac arrest every year. Receiving prompt medical intervention is crucial to survival. This equipment and training is a wonderful and welcome addition to our communities.

TEAM MANITOBA 2017 NAIG TRYOUTS

Pick your sport and save the date for the tryouts!
Information regarding age categories and registration deadlines will be posted soon, once confirmed.

The confirmed dates are as follows:

3D ARCHERY
July 17, 2016
In Coordination with Archers and Bowhunters Association of Manitoba (ABAM)
Erickson MB (Location TBA)

BOX LACROSSE
July 10, 2016
Can Lan Arena (Soccer Complex), Winnipeg

CANOE/KAYAK
NORTH: July 23-24, 2016
Cross Lake, MB
SOUTH: August 13-14, 2016
Peguis, MB

SOCCER
NORTH: July 16, 2016
Oscar Lathlin Collegiate, Opaskwayak
SOUTH: August 20
Central Community Centre Field, Winnipeg

SOFTBALL
NORTH: July 16-17, 2016
Cross Lake Diamonds
SOUTH: July 23, 2016
(24 is a Rain-day)
John Blumberg Softball Complex, Winnipeg

Check www.masrc.com and Facebook regularly for updated information and news regarding the 2017 North American Indigenous Games and Tryouts!