



ACT High School Opioid Overdose Response Training

The Advanced Coronary Treatment (**ACT**) Foundation is launching the **NEW Opioids Overdose Response Training** as an enhancement to its successful High School CPR and AED Program, **free for high schools across Canada.**

Did You Know That

The Public Health Agency
of Canada reports that over

5,368

**apparent opioid toxicity
deaths** occurred from
January–September 2021.

The majority

(94%)

of opioid overdose deaths
happen by accident.

Young Canadians aged

15 to 24

**are the fastest-growing
population** requiring hospital
care from opioid overdoses.¹

Empowering high school teachers to add the Opioid Overdose Response Training to their students' lifesaving toolbox

ACT's new Opioid Overdose Response Training module enables teachers (Train the Trainer model) to train students to respond to an opioid-associated emergency according to the same format that students have been taught the 4 'Rs' of CPR (**Risk, Recognize, React, Resuscitate**).

Created in an eLearning format with a contribution from **Health Canada's Substance Use and Addictions Program (SUAP)**, this new opioid-associated emergency module enables teachers to provide the theory portion of the education to students as a self-paced, interactive learning tool. Teachers will then provide the scenario-based practical training portion to students in the classroom.

Recognizing a suspected opioid overdose and knowing how to respond can help save a life

The Training will teach students:

- What are opioids and how do opioid overdoses happen
- What is Naloxone and how does it work
- Recognizing a suspected opioid overdose
- Responding to a suspected opioid overdose including calling 911 quickly, performing CPR if needed and giving nasal Naloxone

About the ACT Foundation

The ACT Foundation is the national charitable organization that is establishing the free cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) program in Canadian high schools. ACT's national health partners are AstraZeneca Canada and Amgen Canada.

ACT High School CPR Program – Canada

4.8 million youth

trained to date through high school CPR program

1,800 high schools

have established the program

350,000 students

trained by their teachers every year

55,000+

durable mannequins donated to schools by ACT and partners

8,300+ teachers

trained to date as CPR instructors for their students



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