

## CPR training program brought to Vaughan schools

SUBMITTED BY  
THE ACT FOUNDATION

TransCanada proudly donated \$50,000 to the ACT High School CPR and Defibrillator Training Program in November as part of CPR Month, which will help the ACT Foundation to bring this valuable program to students in Vaughan high schools, as well as all high schools in York Region.

"Supporting the ACT Foundation aligns directly with TransCanada's desire to improve the quality of life for local residents in the York Region," said Cecil Blair, Eastern Region director of TransCanada. "We realize the importance of these programs in the success and growth of healthy, vibrant communities."

The ACT Foundation is a national charitable organization dedicated to establishing CPR as a mandatory program in every Canadian high school. The foundation is raising funds for CPR mannequins and defibrillator training units for Vaughan high schools and for teacher training as instructors, all of which is needed to establish the program in area schools.

Once the ACT Foundation has completed the fundraising campaign for Vaughan and the York Region high school program, CPR training mannequins and AED training units will be donated to

the 10 Vaughan area high schools: Emily Carr Secondary School, Maple High School, Stephen Lewis Secondary, Vaughan Secondary, Westmount Collegiate Institute and Woodbridge College in the York Region District School Board and Father Bressani Catholic High School, St. Joan of Arc Catholic High School, Holy Cross Catholic Academy and St. Jean de Brebeuf Catholic High School in the York Catholic District School Board. Twenty-eight hundred students will then be trained by their high school teachers every year to save lives.

"Our goal is to improve safety and strengthen the health of all communities by ensuring all youth are empowered to prevent emergencies and save lives," explained Sandra Clarke, executive director of the ACT Foundation. "This donation from TransCanada will be a major boost in our fundraising efforts and bring us one major step closer to bringing the CPR and defibrillator training program to Vaughan and all York Region high schools."

Eight in 10 out-of-hospital cardiac arrests occur at home. Early CPR, combined with early defibrillation can increase survival rates for cardiac arrest victims by up to 75 per cent, according to the Heart and Stroke Foundation.

ACT works with municipalities, the Ontario Government,



TransCanada made a \$50,000 donation to the ACT Foundation to help bring the ACT High School CPR and Defibrillator program to all Vaughan and York Region high schools. The presentation was made at St. Joan of Arc Catholic High School in Maple with Ward 1 Councillor Marilyn Iafate (far left) and members of the York Catholic District School Board present.

Submitted photo

The Ontario Trillium Foundation, schools and community partners to bring the High School CPR and Defibrillator Program to all communities across Ontario. ACT's health partners are AstraZeneca Canada, Pfizer Canada and Sanofi and they are committed to bringing the program to the York

Region and to all high schools across Canada.

To date, the ACT Foundation has set up the ACT High School CPR Program in more than 1,600 schools nation-wide, empowering more than 1.8 million youth to save lives.

To learn about rescues by stu-

dents from communities where the ACT High School CPR and AED program is already set up, go to: <http://youtube/O7gMVLfYR1Y>.

To learn more about the ACT High School CPR Program, visit [actfoundation.ca](http://actfoundation.ca).

OPENING SPRING 2012

Peace Medical Centre

Vaughan's Newest Family Medicine and Urgent Care Clinic

Located Across From Canada's Wonderland  
At: 9699 Jane Street, Unit 20

Multi-Lingual Female Family Physician  
Will Be Accepting New Patients  
Please Register @  
[www.peacemedical.ca](http://www.peacemedical.ca)

Peace Medical Is A State Of The Art Family Medicine Clinic w/ Electronic Medical Records (EMR) & Most Advanced Medical Equipment To Better Serve Our Patients.  
Pharmacy & Lab Services On Site.

**DIXIE MITSUBISHI**  
"WE CARE"

**SERVICE PACKAGE SPECIAL**

- ✓ Oil & Filter Change
  - ✓ Top Up Fluids
  - ✓ Battery Check
  - ✓ Alignment Check
  - ✓ Tire Rotation or Seasonal Tire Change Over (Rim & Tire Combo Only)
  - ✓ Complete Vehicle Inspection Report
- \$69.95** + tax

Most Vehicles Valid with Coupon  
Synthetic Oil Extra

**OIL & FILTER SPECIAL**

- ✓ Oil & Filter Change
  - ✓ Top Up Fluids
  - ✓ Seasonal Tire Change Over (Rim & Tire Combo Only)
  - ✓ Complete Vehicle Inspection Report
- \$49.95** + tax

Most Vehicles Valid with Coupon  
Synthetic Oil Extra

\* **Winter Rim and Tire Specials** \*

- Includes: ✓ Winter Tires  
✓ Steel Rims  
✓ Wheel Nuts  
✓ Installation & Balance
- From **\$795.00** + tax

**aeroplan** EARN ONE AEROPLAN® MILE FOR EVERY \$2 SPENT ON PARTS & SERVICE

Follow us on:

5500-D Dixie Road, (401 Dixie Automall) Mississauga  
Toll Free 866.734.6255 Phone 905.282.9998  
[www.dixiemitsubishi.com](http://www.dixiemitsubishi.com)